

## What's the difference?

### Signs of Alzheimer's/dementia

Poor judgment and decision making

Inability to manage a budget

Losing track of the date or the season

Difficulty having a conversation

Misplacing things and being unable to retrace steps to find them

### Typical age-related changes

Making a bad decision once in a while

Missing a monthly payment

Forgetting which day it is and remembering later

Sometimes forgetting which word to use

Losing things from time to time